

Kingswinford Academy

Summer Lunch Menus 2023

Main hot meal with Fresh Fruit or Dessert Pot and Water	£2.46
Main Meal	£2.10
Pasta pots	From £1.80
Jacket Potato – with a choice of fillings	£1.55 - £2.10
Hot Snacks and Grab and Go food	£1.00 - £2.50
Cold snacks and Desserts	70p - £1.90
Drinks and Milkshakes	55p - £1.10

All of our disposables are compostable or recyclable. Kingswinford Kitchen no longer uses single use plastic





Lunch menu week 1

Option	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Fillet Burger	Beef Bolognese	Roast Turkey with Trimmings/ Roast Turkey & Stuffing Subs	Chicken Tikka Masala/ Chicken Tikka Pitta Pockets	Chicken Nuggets or Fish of the Day
Pasta, Pizza and Noodle Bar	Veggie Hotdog	Cheese and Tomato Pasta	Singapore Noodles	Tomato and Basil Pasta Bake	Pizza's
Jacket potatoes	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo
Veg/Potato options	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Peas, Baked Beans and Chipped Potatoes
Dessert/ pudding	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse
Chilled Pasta Pots, Mixed Salad Pots, Fresh Fruit, Yogurts and Cheese and Biscuits are available daily					

Grab and Go

Pizza's.

Meaty Pizza.

Love Joes Hot Wraps.

Homemade Sandwiches, Sub Rolls, Wraps and Baguettes.

Loaded Jacket Potatoes

Wings and Things

Pasta Pots



Lunch menu week 2

Option	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ Chicken Sliders	Beef Lasagne	Roast Pork/ BBQ Pulled Pork Rolls	Tandoori Chicken Pitta pockets/ Tandoori Chicken Curry	Chicken Nuggets or Fish of the Day
Pasta, Pizza and Noodle Bar	Mac & Cheese	Veggie Stir-fry	Veggie Rice	Tomato and Basil Pasta Bake	Pizza's
Jacket potatoes	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo
Veg/Potato options	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Peas, Baked Beans and Chipped Potatoes
Dessert/ pudding	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse
Chilled Pasta Pots, Mixed Salad Pots, Fresh Fruit, Yogurts and Cheese and Biscuits are available daily					

Grab and Go

Pizza's.

Meaty Pizza.

Love Joes Hot Wraps.

Homemade Sandwiches, Sub Rolls, Wraps and Baguettes.

Loaded Jacket Potatoes

Wings and Things

Pasta Pots



Lunch menu week 3

Option	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hotdogs	Meatball Subs/ Meatball Pasta	Roast Chicken and Stuffing/ Roast Chicken Baguettes	Chicken Tikka Masala/ Chicken Tikka Pitta Pockets	Chicken Nuggets or Fish of the Day
Pasta, Pizza and Noodle Bar	Noodles	Cheese and Tomato Pasta	Stir-fry	Tomato and Basil Pasta Bake	Pizza's
Jacket potatoes	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo	Toppings – Cheese, Cheese and Beans, Beans or Tuna Mayo
Veg/Potato options	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Choice of Salad, Vegetables, Potatoes, Garlic bread, Slaw	Peas, Baked Beans and Chipped Potatoes
Dessert/ pudding	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse	Selection of Cakes, Biscuits, Cheesecakes and Mousse

Chilled Pasta Pots, Mixed Salad Pots, Fresh Fruit, Yogurts and Cheese and Biscuits are available daily

Grab and Go

Pizza's.

Meaty Pizza.

Love Joes Hot Wraps.

**Homemade
Sandwiches, Sub
Rolls, Wraps and
Baguettes.**

**Loaded Jacket
Potatoes**

Wings and Things

Pasta Pots

Kingswinford Academy

Meal deal offers



Sandwich or Baguette deal

£2.46

Includes a choice of a 1 filling baguette or sandwich, bottle of water and a choice of fresh fruit, Jelly, Mousse or cheesecake. (sweet options vary daily)

Hot Meal Deal

£2.46

Choose from todays Meat, Jacket potato or veggie options, a bottle of water and a choice of fresh fruit, Jelly, Mousse or cheesecake. (sweet options vary daily)

Smaller snack items and special £1.05 pots, flavoured drinks, biscuits and cakes are not included in the meal deals. These can be purchased individually.

Water machines are located in all food zones please ask a member of the catering team if you need a paper cup.





Kingswinford Academy

Water and Soft Drinks

ITEM	Price £
Spring Water	55p
Radnor Splash Still 250ml — Watermelon, Orange & Passionfruit or Apple & Raspberry	90p
Radnor Juice Still 200ml — Apple & Raspberry or Tropical	85p
Capri Sun 200ml — Orange	85p
Viva Milkshakes 200ml — Chocolate, Vanilla, Strawberry and Banana	85p
Suso Can 250ml — Apple & Elderflower, Lemon & Lime, Forest Fruits, Mango & Passionfruit and Orange & Mandarin	£1.05
Radnor Can 330ml — Cherry & Vanilla, Mango & Orange, Lemon & Lime and Apple & Raspberry	£1.10



Water machines are located in all food zones please ask a member of the catering team if you need a paper cup.